

Double Hammock with a size 6 (4.6m) wrap

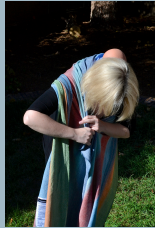
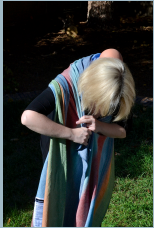
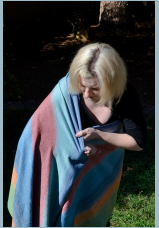
Suitable for babies that can sit unassisted



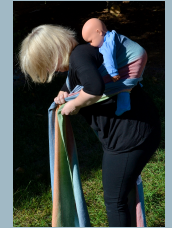
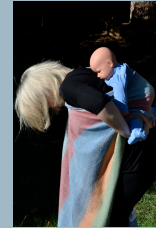
Find the centre of your wrap. Now move about one arm length off centre.



Use this off centre spot on your baby's back. Carefully hip scooch your baby around onto your back. Keep one hand on your baby at all times. Please get help from a spotter or a babywearing educator if you are unsure. Bring the short tail up over your shoulder.



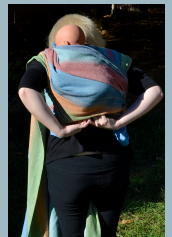
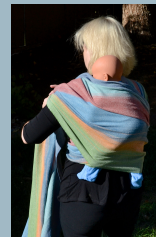
Take the shorter tail and carefully tighten over your shoulder. Pin it between your knees.



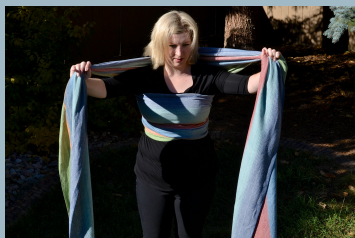
Take the long tail, maintaining tension and bring it under your arm and around to the front. Pull excess wrap down and under your baby's bottom (knee to knee) making a seat. Check to make sure baby is high enough and feet are free of the wrap.



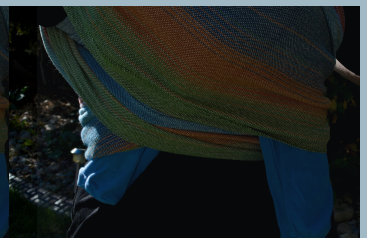
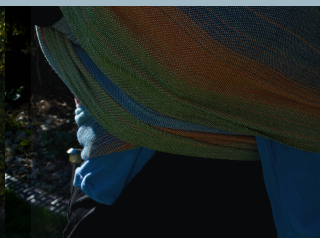
Make a chest pass going under the shorter tail. Keep the short tail pinned between your knees. Bring the longer tail all the way around to your back.



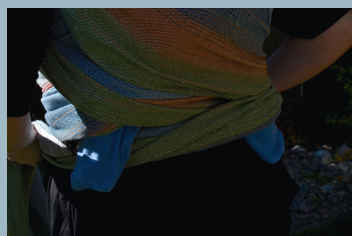
Extend the wrap out behind you bringing it around and up over your opposite shoulder. Carefully tighten. Check to make sure you pull excess wrap down and under your baby's bottom and that baby's feet are free of the wrap. Check baby's legs for a nice m shape (knees higher than bottom).



You can now give each side a gentle tug to remove any excess slack.



Pin one tail between your knees, take the other tail and pass it around behind you, over the first leg and under the next and back around to the front. Repeat on the other side.



Tie the wrap securely in front of you. Check to make sure your baby's legs are in a comfortable M shape. You can gently push up on their feet to help them into this position.



Your baby should sit high up your back with face clearly visible at all times. When learning a new carry, use a spotter or practice over a bed or soft surface.