

Ring Sling Instructions



Place the rings over one shoulder. Accordion fold the tail.



Thread the tail through both rings, then back over the first and under the second.

Spread the tail out in the rings.



Reach up under the sling and guide baby's legs down and out. Pull the top rail of the wrap up to the baby's shoulders. The rest of the fabric should be pulled down under baby's bottom. Keep one hand on your child at all times.



Tighten the sling starting with the top rail. While lifting up baby's bottom, gently tighten the top and any other parts of the sling that feel loose.



Ensure that you can always see your baby's face and that the baby does not curl into a position with the chin resting on or near the baby's chest.